

ETHEREAL CRYSTAL THERAPY TRAINING

Sherry Andrea



Citrine



Sodalite



Carnelian



Labradorite



Green Aventurine

These are some of the crystals from my personal collection.

Ethereal crystal healing is a wonderful therapy to have on it's own or to combine with another therapy such as Reiki or massage. It is a simple yet powerful healing without the use of crystals in the physical dimensions.

The Ethereal Crystals are placed on the physical body or within the auric field and in some cases in each chakra by pointing to the area in which we feel guided to place them. They simply disappear when the individual has absorbed the sufficient amount of energy needed for their healing, this is great for children and animals and is a very safe treatment to provide.

Elixirs, which are more powerful than those made using real crystals, can also be created within seconds to help purify our body, when a crystal is added to water it is instantly charged with the energy of that particular gem that is chosen and is ready to drink whenever you like.

The crystals are programmed according to your own needs and requirements. Every Ethereal Crystal healing session is unique and helps you work towards a more balanced life.

I use Ethereal Crystal healing a lot in my day to day life. For example, it is an easy way for me to clear my son from connections he has picked up (empathetic), I make an elixir daily for my dogs water because of skin allergies she has, and I even make an elixir for the water I drink using crystal combinations that are for appetite suppressing (I need all the help I can get). It's also an easy way to give healing to a friend or family member quickly no matter where I am...it's as simple as a thought and intention with a little simple visualization. Although I have a pretty good collection of crystals there are always more I wish I had that maybe I can't find locally and this is a great solution to that problem and the cost.

Attunements

Ethereal Crystal Therapy consists of nine (9) attunements.

The best way to enjoy the sensations of an attunement is to sit down for half an hour during the attunement, and just relax. Be aware of your thoughts and feelings, and the sensations in your body. See if you can detect any slight changes in your thinking or your body awareness. The most common sensations are very subtle - heat in the palms of the hands and the soles of the feet. Generally the body feels

warmer. Some prickling sensations in different body parts, either localized or in large areas, will be felt. Don't worry too much about it, and just enjoy the process.

Ethereal Crystal attunements will not interfere with any other attunements you have received. As stated previously one of the benefits is that it can be used in conjunction with other healing modalities.

Lineage

Ole Gabrielsen (Founder)

John Hicks

Stefan Kammerhofer

Sherry Andrea

Ethereal Crystal Therapy 1-2-3 Attunement

You are attuned to the following crystals:

AMBER

AMETHYST

AQUAMARINE

AVENTURINE

PINK BERYL (also known as Morganite)

BLUE LACE AGATE

BOTSWANA AGATE

GREEN CALCITE

CARNELIAN

CHRYSOCOLLA

CITRINE

CLEAR QUARTZ

DIAMOND

SINGLE TERMINATED CLEAR QUARTZ CRYSTAL

EMERALD

HEMATITE

RED JASPER

MALACHITE

ROSE QUARTZ

RUBY

SODALITE

TURQUOISE

Healing

Simply point or touch a location and then mentally say the appropriate stones name, and the ethereal stone will then be placed.

An example: Let's say we are going to do a healing session with 3 stones: Ruby, Rose Quartz and Citrine. We would like to place the Ruby on the Root Chakra, the Rose Quartz on the Heart Chakra and the Citrine on the Solar Plexus Chakra. Place the Ruby by pointing with your finger (or with your mind only) on the Root Chakra and say mentally: "*Ruby*". The Ruby will be instantly placed. Go on to the Solar Plexus. Point at the Solar Plexus and think: "*Citrine*". Do the same with the Rose Quartz. You can also place Ethereal Crystals in organs. You could, as an example, say mentally: "*Citrine in the bladder*". The Citrine will then be placed in the bladder.

After placing stones, you can perform Reiki, massage, Aromatherapy etc., or you can choose to let the Ethereal Crystal session stand alone. The stones will disappear when no longer needed.

Unlike material crystals, movement or activity cannot dislodge these. Even though unnecessary, you can always remove the stones, just by thinking, "*remove Citrine*" or "*remove all stones*".

Use the same method on yourself for self-healing.

Distance Healing

To place an Ethereal Crystal long distance, you can use the following sentence:

"Place Citrine on (name of person)'s Solar Plexus Chakra."

Then the stone will be placed instantly.

Gem Elixirs and strengthening stones

To create a gem elixir, you normally have to place a stone in water for 12-24 hours. With the Ethereal Crystal attunements, you can create powerful gem elixirs in seconds! When you have reached Ethereal Crystals 3, the elixir will become 400% stronger than when using normal gemstones. You are also able to strengthen stones.
TO CREATE A GEM ELIXIR: Pour water into a glass. Say mentally:

“Place (name of stone/stones) in the water.”

The water will then be fully charged in seconds.

TO STRENGTHEN A STONE: Get the stone you want to strengthen. Say mentally:

“Place (name of Ethereal stone) in (your stone).”

Your stone will be strengthened in seconds.

To place an Ethereal single terminated clear Quartz crystal (or a double terminated in Ethereal Crystals 4-5-6), place it as usual and then also define which way the point will turn.

Example: “Place single terminated clear Quartz crystal on the heart chakra, with the point pointing downwards.”

Good luck!

Passing on Ethereal Crystals Attunements

It is very simple to pass on the Ethereal Crystals 1-2-3 attunements. You just ask your higher self for the attunements. You can attune several people at the same time.

Example of the attunement: (to your higher self) “I ask that (name) may be attuned in Ethereal Crystals 2”

The attunement will then start and stop after around 25 minutes.

Ethereal Crystal Therapy 4-5-6 Attunement

You are attuned to the following crystals:

ALEXANDRITE

AMAZONITE

AZURITE

BLOODSTONE

GOLD CALCITE

FIRE OPAL

FLUORITE

RED GARNET

JADE

LAPIS LAZULI

MOLDAVITE

MOONSTONE

PERIDOT

PYRITE

BLUE SAPPHIRE

YELLOW SAPPHIRE

BLACK TOURMALINE

VIOLET TOURMALINE

PINK TOURMALINE

DOUBLE TERMINATED CLEAR QUARTZ CRYSTAL

Passing on Ethereal Crystals Attunements

It is very simple to pass on the Ethereal Crystals 4-5-6 attunements.

You just ask your higher self for the attunements. You can attune several people at the same time.

Example of the attunement: (to your higher self) "I ask that (name) may be attuned in Ethereal Crystals 4"

The attunement will then start and stop after around 25 minutes.

Ethereal Crystal Therapy 7-8-9 Attunement

You are attuned to the following crystals:

CHAROIT
SUGILITH
RHODOCHROSIT
PYRITSUN
PRASEM ("AFRICAN JADE")
SNOWFLAKE OBSIDIAN
OBSIDIAN ("APACHE TEARS")
MOQUI MARBLES
BOJI STONES
TEKTITE
CHALCEDON
LARIMAR ("ATLANTIS-STONE")
LABRADORITE
KUNZITE
HELIOTROP
CYANITE
APOPHYLLITE
RUBY-ZOISITE
TANSANITE

Passing on Ethereal Crystals Attunements

It is very simple to pass on the Ethereal Crystals 7-8-9 attunements.

You just ask your higher self for the attunements. You can attune several people at the same time.

Example of the attunement: (to your higher self) *"I ask that (name) may be attuned in Ethereal Crystals 4"*

The attunement will then start and stop after around 25 minutes.